



Evidence of Transition Planning Impact on Population Health, Patient Experience, and Cost of Care

Transition Planning is associated with benefits related to medical complications, adherence to care, patient experience, continuity of care, patient-reported outcomes, and cost. (Current as of 4/2014)

Reduced Medical Complications

- Cadario *et al.* (2009)³ – Diabetes Mellitus
- Gholap *et al.* (2006)⁶ – Diabetes Mellitus
- Holmes-Walker *et al.* (2007)⁷ – Diabetes Mellitus
- Logan *et al.* (2008)⁸ – Diabetes Mellitus
- Markowitz *et al.* (2012)⁹ – Diabetes Mellitus
- Vidal *et al.* (2004)¹⁴ – Diabetes Mellitus

Improved Patient-Reported Outcomes (Quality of Life, Functional Status, Perceived Health Status)

- Bent (2002)² – Cerebral Palsy & Spina Bifida
- Chaudhry *et al.* (2013)⁴ – Cystic Fibrosis
- Maslow *et al.* (2013)¹⁰ – Chronic Illness
- Markowitz *et al.* (2012)⁹ – Diabetes Mellitus
- McDonagh *et al.* (2007)¹¹ – Juvenile Idiopathic Arthritis
- Wiener *et al.* (2007)¹⁵ – HIV

Greater Adherence to Care

- Annunziato *et al.* (2013)¹ – Liver Transplant Recipients
- Cadario *et al.* (2009)³ – Diabetes Mellitus
- Gholap *et al.* (2006)⁶ – Diabetes Mellitus

Improved Continuity of Care

- Wojciechowski *et al.* (2002)¹⁶ – Sickle Cell Disease

Positive Patient Experience

- Chaudhry *et al.* (2013)⁴ – Cystic Fibrosis
- McDonagh *et al.* (2007)¹¹ – Juvenile Idiopathic Arthritis
- Shaw *et al.* (2007)¹³ – Juvenile Idiopathic Arthritis

Lower Cost

- Cadario *et al.* (2009)³ – Diabetes Mellitus
- Gilmer *et al.* (2012)⁵ – Mental Health Conditions
- Robertson *et al.* (2006)¹² – Juvenile Idiopathic Arthritis



Evidence Citations

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