

DO YOU WANT TO HELP YOUR ADOLESCENT PATIENTS PREPARE TO MANAGE THEIR OWN HEALTH AND HEALTH CARE?

As youth age into adulthood, managing their health needs becomes their own responsibility. Achieving this independence requires an organized approach — known as health care transition (HCT) — for them to gain independent health care skills and prepare for an adult model of care.

HCT is the process of moving from a child/family-centered model of health care to an adult/patient-centered model of health care, with or without transferring to a new clinician. The Six Core Elements of Health Care Transition™ is a model that supports this process.

The Six Core Elements of Health Care Transition™ 3.0 define the basic components of a structured HCT process and include customizable sample tools for each core element. The Six Core Elements are presented in three distinct packages and can be tailored to any type of practice.

There are three packages of free, customizable tools available for different practice settings. Tools are available in English and Spanish. Click each package to learn more.



LEAVING PACKAGE

For use by Pediatric, Family Medicine, and Med-Peds Clinicians



STAYING PACKAGE

For use by Family Medicine and Med-Peds Clinicians



INTEGRATING PACKAGE

For use by Internal Medicine, Family Medicine, and Med-Peds Clinicians

Click for a summarized comparison of the three packages

Click to download customizable versions of the packages

MORE RESOURCES

Click the images below

Ready to get started?
Check out the implementation guides that align with each package



Want to measure process or outcomes?
Explore customizable measurement tools

Coding and payment resources can be found here



For more information about HCT and the Six Core Elements, check out the FAQs

Questions?
Email us at info@GotTransition.org

