



Weiss Pediatric Care

Our Health Care Transition Policy

Health care transition means changing from pediatric (child) health care to adult health care. It takes lots of time to prepare for that change. That's why we will help you, starting when you're 12-14 years old, to learn about your health needs. We'll spend time during visits without your parent in the room to help you set goals and learn how to take charge of your own health care.

At age 18, you will be an adult by law. That means that we will only discuss your health with others if you ask us to. Many of our young adult patients choose to still involve their families in their health care choices. You will need to sign a consent form to let others be involved in your health care. We have these form in our office.

We will work with you to decide when is the best age to move to an adult doctor. We suggest making the transition before age 22. When the time comes, we will help you find an adult doctor and make sure they have all your medical records.

Today's Date: _____

Parent(s)' Name: _____ **Parent(s)' Signature:** _____

Patient's Name: _____ **Patient's Signature:** _____