Youth, young adults, and families:

Do you want to learn about transitioning to adult health care?

*These tools can help you learn about moving from pediatric to adult health care.*

- Are you ready to transition to adult health care?
- What transition topics should you think about each year?
- Is your health information on your smartphone?
- What questions should you ask your doctor about transition?
- What changes for your health care when you turn 18?
- What are the differences between pediatric and adult health care?
- Do you know how to find an adult doctor?
- Do you have an Individualized Education Plan (IEP)?
- Are there assessments to check your readiness for transition?

For more information, visit GotTransition.org.

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