Survey Questions for Adult Providers about their Willingness to Accept Young Adults With and Without Chronic Illnesses

Below are suggested questions and example answer choices that can be used to learn about adult providers’ willingness to accept young adult patients with and without chronic illnesses.

1. Will you accept new young adult patients ages 18-25?
   a. Yes, all
   b. Yes, but only those without chronic illness
   c. Yes, only those with chronic illness
   d. No, none

2. If you prefer NOT to accept ANY new young adult patients, what are the important reasons for this decision?
   a. Full practice
   b. Lack of time in appointment
   c. Payment for RVUs for time needed to care for YA
   d. Problem with adherence to care of YA
   e. High no show rate for appointments by YA
   f. Training and/or experience gaps
   g. Specialty referral difficulties
   h. Lack of pediatric consultation support
   i. Lack of care coordination
   j. Other (please specify) ____________________

3. Will you accept new young adult patients with the following specific conditions?
   (Possible answers for each below: Yes; Yes, but only oversee their primary care needs; Yes, but with pediatric provider consultation support; No)
   a. Asthma
   b. ADHD/ADD
   c. Autism Spectrum Disorder
   d. Congenital Anomalies
   e. Congenital Heart Disease
   f. Cystic Fibrosis
   g. Depression/behavioral health problem
   h. Genetic disorders (Down Syndrome, Rett Syndrome, CHARGE Association
   i. Juvenile arthritis
   j. Obesity
   k. Type 1 Diabetes

1Data taken from poster presented at the 2016 Health Care Transition Research Consortium in Houston, Texas from Got Transition, Cleveland Clinic, Henry Ford Health System and University of Rochester
4. If you are NOT accepting new young adult patients WITH chronic conditions, what are the important reasons for this decision?
   a. Practice is full
   b. Lack of time in appointment
   c. Payment for RVUs for time needed to care for YA
   d. Problem with Adherence to care of YA
   e. High no show rate for appts by YA
   f. Training and/or experience gaps
   g. Specialty referral difficulties
   h. Lack of pediatric consultation support
   i. Lack of care coordination

5. What kind of support is necessary for you/your practice to accept YAs with chronic illness?
   a. Additional training on young adult health issues
   b. Additional training on specific pediatric onset chronic diseases
      • If yes, please list specific diseases
   c. Care coordination support
   d. List of adult specialists who will accept care of young adults
   e. Information on community resources
   f. Financial incentives
   g. List of dentists willing to care for YA with CC
   h. PT/OT willing to care for YA with CC
   i. Registered dieticians willing to care for YA with CC
   j. Respiratory therapists willing to care for YA with CC
   k. Short-term pediatric consultation support

Abbreviations:
YA: Young adult
CC: chronic conditions
PT/OT: physical therapy/occupational therapy