This is a survey about your experience changing to an adult approach to care. You may choose to answer this survey or not. Your responses to this survey are confidential.

1. How often does your health care provider explain things in a way that is easy to understand?
   - Always
   - Usually
   - Sometimes
   - Never

2. How often does your health care provider listen carefully to you?
   - Always
   - Usually
   - Sometimes
   - Never

3. Does your health care provider respect how your customs or beliefs affect your care?
   - A lot
   - Some
   - A little
   - Not at all

4. Did your health care provider discuss with you or have an office policy that explains changing to an adult approach to care?
   - Yes
   - No

5. Do you talk with your health care provider without your parent or guardian in the room?
   - Yes
   - No

6. Does your health care provider actively work with you to gain skills to manage your own health and health care (e.g., know your medications and their side effects, know what to do in an emergency)?*
   - A lot
   - Some
   - A little
   - Not at all

7. Does your health care provider actively work with you to think about and plan for the future (e.g., take time to discuss future plans about education, work, relationships, and development of independent living skills)?*
   - A lot
   - Some
   - A little
   - Not at all

8. How often do you schedule your own appointments with your health care provider?
   - Never
   - Sometimes
   - Usually
   - Always

9. Did your health care provider explain legal changes in privacy, decision-making, and consent that take place at age 18?
   - Yes
   - No

10. Does your health care provider actively work with you to create a written plan to meet your health goals and needs?*
    - Yes
    - No

11. Does your health care provider update and share a medical summary with you?
    - Yes
    - No

12. Do you know how you will be insured as you become an adult?*
    - Yes
    - No

13. How could your health care provider have made changing to an adult approach to care better?
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*Adapted from the National Survey of Children’s Health